

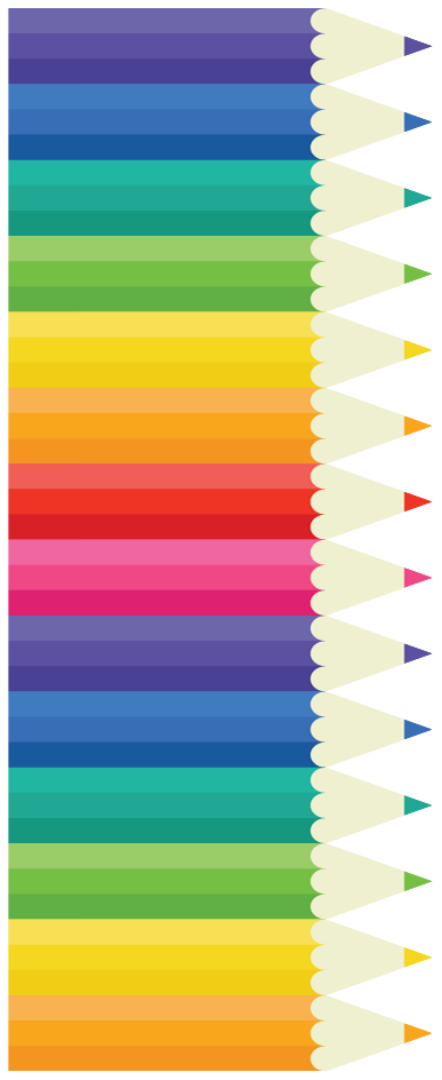
Mid Calder Primary School

Primary 1b - Meet the Teacher

Miss. Peters

Wednesday 26th August 2026

2 sessions: 6-6:30pm, 6:30-7pm

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Structure of the School Day

Monday to Thursday

- 8.00 Breakfast Club (Optional)
- 8.30 Playground supervision
- 8.45 School Day starts
- 10.35-10:50 Morning Break
- 12.35-1:15 Lunch
- 15.05 End of School Day

Friday

As above but...

- 12:25 End of School Day



Primary 1b Timetable T1



Monday	Tuesday		Wednesday	Thursday		Friday
8.45 - 9.00 Register/Lunches						
9.00 – 10.30 Literacy Phonics/Reading	9.00 – 10.30 Literacy Phonics/Reading		9.00-10.30 Literacy Phonics/Reading	9.00 – 9.40 Beyond Number (Mrs Redmond)	9.40 – 10.30 HWB - PE (Mrs Redmond)	9.00 – 9.45 Building Thinking Classrooms
10.35 – 10.50 BREAK 10.50 – 11.00 Milk & Story						
11.00 – 12.00 HWB - PE P.E (hall)	12.00 – 12.30 Number Talks		11.00 – 12.30 Numeracy		11.00 – 11.30 Beyond Number (Mrs Redmond)	12.00 – 12.30 Writing
12.30-1:15 LUNCH						
1.15 – 2.10 Numeracy		1.15-3.05 IDL/ Continuous Provision			1.15-2.05 IDL	2.05 – 3.05 Music
2.10 – 3.05 IDL/Buddy					1.15-2.30 Writing	2.30-3.05 Circle time/Skills
<u>Learning Areas</u> • Teacher Table • Arts/Crafts • Literacy/Numeracy • Home/Imaginative						
12.00-12.25 FUN 31						

Learning Areas

- Teacher Table
- Literacy/Numeracy
- Library/Reading
- Digital
- Fine Motor
- Arts/Crafts
- Home/Imaginative Play
- Construction
- Sand/Water
- Playdough



School Uniform

Grey trousers/skirt/shorts and white shirt/blouse and red & grey striped school tie (grey/red cardigan optional)

Grey trousers/skirt/shorts and red school polo shirt with school badge and grey school sweatshirt with school badge

Grey school cardigan

Summer: Red and white gingham dress with red or grey cardigan

P.E. Kit: As we promote physical activity and outdoor learning, we recommend pupils wearing school logo joggers/shorts and jumpers on PE days.

Please also provide wellies, jackets, sunscreens etc. where appropriate – we aim to be outside in all weathers so please ensure your child is equipped for the day and the changing elements!

PLEASE NAME EVERYTHING!

***Nearly New/Used Uniform Available from School Uniform 'Swap Shop'**
Any clothing donations welcome.

Lunchtime Reminder

- School lunches are ordered daily through iPay impact – All P1-5 children are entitled to free school lunch
- Please look at the lunches at home with your child and pre order their lunches for the week.



Any problems with accessing iPay please call our School office



Important Documents

- Please return the photo permission forms and EE2 forms as soon as possible if you haven't already done so. We cannot share any photos on the school website or on Seesaw until these are returned.
- Please ensure that all medical forms are filled in fully and handed back promptly with any appropriate medication.
- We cannot issue medication to children unless the relevant form is completed and boxed/prescription information is shared.
- Please update the school office if there are any changes to address, phone number, medication etc. during the year.



Interdisciplinary Learning (IDL)

- Across our school we use consultative planning methods which means that our “topic” based learning comes from our pupils.
- The focus and content of this learning is determined by questions, investigations and interests from our children – they help to design what they would like to learn.
- We then create activities to support and develop this learning, alongside curriculum experiences, outcomes and planned assessments using our national Curriculum For Excellence benchmarks.
- This term, our learning context will begin with ‘The Enchanted Forest’





Literacy – Phonics

P1 children will develop phonological awareness and early literacy skills through engaging, play-based learning experiences. Through activities focused on rhyme, sounds, syllables and word patterns, children will build their letter recognition and formation skills, develop decoding and encoding strategies, and increase their knowledge and application of common and tricky words to support early reading and writing development.



Literacy – Reading

- Our reading in term 1 will focus on exploring fiction texts, and through a range of picture books and stories, we will learn about different characters and settings.
- Children will take part in active reading tasks to develop and consolidate their reading skills
- After the September break, your child will begin to bring home books. We use Floppy's Phonics and Reading Rockets.



Literacy – Reading

Other resources that may be used include:

- Snapdragon books - fiction
- Fireflies – Non-fiction
- Jolly Phonics Readers
- Rhyme books
- ORT



Literacy – Writing

- Our writing will focus on developing detailed black pen drawings and mark making, building on children's personal experiences and imagination.



Numeracy and Maths

Number will be taught through a variety of active tasks. This will develop skills in:

- Numerals and number structure from 0 to 10 and then beyond – dots, fingers, ten frames, rekenrek
- Forward and backward number word sequences
- Counting in steps of one, two, five & ten
- Formation of numbers
- Addition and subtraction within 10 and beyond
- Sharing



Numeracy and Maths

Beyond Number:

- Sorting and matching
- Pattern
- 2D shapes and 3D objects
- Recognising and using coins
- Information handling
- Time - days of week, months of year, seasons, key dates, o'clock



Our Health and Wellbeing

- UNCRC Focus – Children's Rights
- SOAR Values
 - Successful, Optimistic, Adventurous & Respectful
- Positive relationships – Ready, Respect, Safe
- Daily HWB check-ins
- Class Charter
- One Trusted Adult
- WL HWB Trackers





Health and Wellbeing

- P.E – Monday & Thursday

During our P.E. sessions we will focus on team games, growth mindset exercises, spatial awareness and developing our gross motor skills.

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Health and Wellbeing

Term 1

August - December

Friends and friendships: helping others.

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships. HWB 0-44a

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. HWB 0-44b

Unique, similar and different.

Playing together, being kind.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. HWB 0-44b

Personal space and privacy.

I am learning what I can do to look after my body and who can help me. HWB 0-48a

When I feel sad or upset.

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. HWB 0-44b

In school we use programs such as:

- Emotion Works
- The national resource for **relationships, sexual health** and **parenthood** (RSHP) education.

<https://rshp.scot/early-level/>

Please feel free to visit the site and explore the resources and if you have any questions after looking, don't hesitate to ask.



Homework

- Tomorrow
- Homework will be given on a Thursday to be returned on Wednesday.
- Reading books and sounds/words will be sent home to be practised whenever possible.
- SEESAW – Additional literacy and numeracy tasks will be given in the style of a grid.
- Please bring homework folders with reading books, diaries and sound/word tubs to school every day.



Skills



Skills Builder
Gold Award

2025 - 28

In Mid Calder we use the Skills Builder Programme.

The programme allows us to support every child build essential skills that will not only help them thrive in school but also in their wider lives.

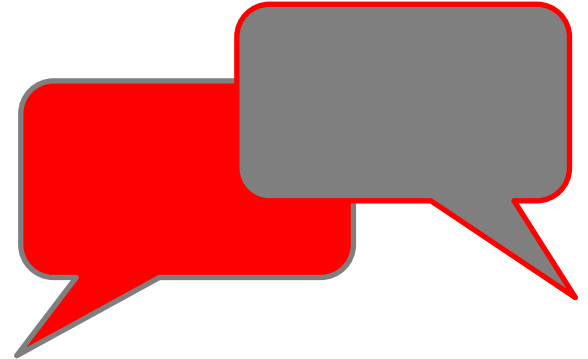
We are currently the only school in Scotland that has our Gold accreditation.





Pupil Voice

- As mentioned previously, the children are at the heart of all our planning. With the focus and content of our topics being determined by questions, investigations and interests from the children.
- This year we will also be setting up – SIP•ORT teams for P1-P3 and P4-P7.
- House Meetings





Digital Learning

Digital devices for independent, partner and small group tasks are based in the classroom, these are always available to support learning.

Please inform school office if you need help accessing digital devices from home.



Website: <https://midcalderprimary.westlothian.org.uk/>



PARENT ZONE

Information for parents



BLOG

Read the latest school news



PUPIL RESOURCES

Resources for pupils to access
at home



ONLINE PARENT

SERVICES

Parents Portal including
iPayImpact*. (External site)





Thank you!

- Thank you for coming along to our Meet the Teacher event! It's been great to meet you all!
- If you wish to attend a further workshop with another teacher, then please head back to the hall where our P7 helpers will escort you to the correct class.
- Please don't hesitate to get in touch if you have any questions or queries throughout the year.